

Safe Patient Handling Equipment: HoverMatt® & HoverMatt SPU

SKILLS CHECKLIST FOR TURNING AND BOOSTING

Equipment: HoverMatt	Name: (print)
Validator (print):	Date:
	Patient Care Unit/Dept.:

	<i>Performance Criteria</i>	<i>Validator Initials</i>
	To turn patient onto his/her side:	
1.	Minimum of (2) caregivers must be present, one on each side of patient, to perform turn, boost, and reposition tasks. Raises patient surface to appropriate ergonomic height. Locks wheels of bed/stretcher before inflating HoverMatt or moving patient. Ensures patient surface is flat. Plugs air supply power cord into wall. Positions HoverMatt with head and foot indicators.	
2.	Positions air supply and pillows within reach of caregiver opposite the side toward which the patient will turn (the “primary turner”). Ensures second caregiver is positioned on opposite side of bed.	
3.	Centers patient on HoverMatt and ensures head support. Ensures safety straps are out of the way and not beneath patient.	
4.	Lowers side rail(s) on primary turner’s side of bed	
5.	If patient is able and hip precautions are not in effect, the patient should be instructed to bend the knee opposite the side toward which they are turning OR cross their legs at the ankle with the leg opposite the side toward which they are turning on top. The patient can also be instructed to reach the hand opposite the side toward which they are turning across their body and place it on the shoulder toward which they are turning. If these positions cannot be tolerated, the patient can remain in the supine position.	
6.	Verbally prepares patient for sound and sensation of mattress inflation	
7.	Second caregiver presses down with fists on HoverMatt next to patient’s shoulder and hip. Primary turner begins inflation of HoverMatt. As air begins to enter the HoverMatt, the primary turner gently pulls up on the handles causing the patient to turn toward the second caregiver. As the patient turns, the second caregiver releases pressure from the HoverMatt and raises hands to the patient’s shoulder and hip. This prevents over-rotation of patient.	
8.	Second caregiver continues to support patient on side while primary turner informs patient of deflation, deflates HoverMatt, and again ensures that safety clasps are not left under the patient.	

9.	Primary turner places pillows between the patient and the HoverMatt and both caregivers ensure patient is properly positioned.	
	Returns side rail(s) to up position and lowers bed.	
	Lowering patient from side position to supine position:	
11.	Lowers the side rail closest to the patient's back.	
12.	Caregiver at front of patient supports patient on side by placing hands on patient's shoulder and hip. Caregiver behind patient removes supporting pillows and assists second caregiver in lowering patient into supine position.	
	To boost patient up on bed/stretchers:	
13.	Follows Step 1 above. Positions one caregiver on each side of patient. Both side rails are lowered to avoid interference with inflation. Centers patient on HoverMatt and ensures head support. One caregiver loosely attaches safety straps and crosses patient's arms on top of patient's chest. Caregiver assumes "Position of Safety" by placing one hand on patient's crossed arms and one hand on closest HoverMatt handle, verbally informs patient of inflation, and signals second caregiver to begin inflating the HoverMatt.	
14.	When HoverMatt is fully inflated, caregivers grasp top two handles on either side of patient and move patient toward the head of the bed/stretchers to desired position.	
15.	One caregiver again assumes "Position of Safety", informs patient of deflation, and signals second caregiver to Press "StandBy" button on Air supply control panel. When HoverMatt is fully deflated, unclips safety straps and ensures that safety clasps are not left under the patient.	
16.	Raises side rail(s) and lowers bed.	

The above skills have been successfully demonstrated:	I agree with the Validator that I have successfully performed the above skills:
Validator (signature above)	Trainee/Employee (signature above)