

Safe Patient Handling Equipment:

HoverMatt® PROS™ Sling

SKILLS CHECKLIST FOR USING AS A SLING (Turning Patient in Bed & Off-Loading with Wedges)

Equipment: HoverMatt PROS Sling	Name (print):
Validator (print):	Date:
	Patient Care Unit/Dept.:

	<i>Performance Criteria</i>	<i>Validator Initials</i>
1.	If patient is in bed when PROS Sling is placed, first raises bed to appropriate ergonomic height. Ensures bed wheels are locked before placing device.	
2.	Positions PROS Sling correctly using log rolling technique. Raises side rails if using single caregiver.	
3.	Ensures that lift is in proper working order and is positioned appropriately with the loop style hanger bar in place and centered over patient, per hospital protocol and lift instructions.	
4.	If off-loading with wedges, attaches all 8 sling straps to the hanger bar.	
5.	Engages the lift to raise patient off the surface and positions patient toward side of the bed.	
6.	Detaches straps on the side the patient is turning toward. Keeps the other 4 straps attached, opposite the turn direction.	
7.	Follows facility protocol and lift instructions for turning a patient in bed. Engages lift and turns patient.	
8.	After ensuring that patient is properly positioned, places wedges (if desired) to keep the patient in position. Locates the sacrum.	
9.	Inserts the tail (if using) of the HoverMatt® PROSWedge™ just under the patient's thighs. Places the standard wedge to support the patient's back about 1 hand's width away from the tailed wedge.	
10.	After the wedges are placed, lowers the patient onto the wedges, ensures sling straps are not underneath the PROS Sling.	
11.	Pulls the tail through to the patient's other side until taught. Confirms the sacrum is not touching the bed. If it is, repositions wedges to ensure sacral off-loading.	
12.	To return patient to supine position, positions lift and hanger bar, and properly reattaches sling strap loops to hanger bar.	

13.	Follows facility protocol and lift instructions to lower patient to supine position. Centers patient back on surface.	
14.	Detaches sling strap loops from hanger bar and loosely attaches corner sling strap Velcro® hook to Velcro loop around solid points on the bedframe (or to the headboard).	

The above skills have been successfully demonstrated:	I agree with the Validator that I feel competent performing the above skills: