

**Safe Patient Handling Equipment:  
 HoverMatt® PROS™ Sling  
 SKILLS CHECKLIST FOR USING AS A SLING (Patient in Bed to Chair)**

Equipment: HoverMatt PROS Sling	<b>Name (print):</b>
Validator (print):	<b>Date:</b>
	<b>Patient Care Unit/Dept.:</b>

	<i>Performance Criteria</i>	<i>Validator Initials</i>
1.	If patient is in bed when PROS Sling is placed, raises bed to appropriate ergonomic height. Ensures bed wheels are locked before placing device.	
2.	Positions PROS Sling correctly using log rolling technique. Raises head of the bed to position patient for a seated transfer.	
3.	Ensures that lift is in proper working order and is positioned appropriately with hanger bar in place and centered over patient (per hospital protocol and lift instructions).	
4.	Attaches straps closest to patient's head to hanger bar. <ul style="list-style-type: none"> <li>• For a fully upright seated position – uses the green handle.</li> <li>• For a reclined seated position – uses the blue sling strap to reduce hip flexion.</li> </ul>	
5.	Attaches the blue shoulder straps to hanger bar. Does not attach hip straps.	
6.	Folds the PROS Sling between the patient's legs and places feet on each side of the device.	
7.	Crosses one foot-end sling strap through the other at the lowest loop closest to the device. Attaches the white loops to the hanger bar on each side.	
8.	Ensures color coded loops are matched appropriately right side to left side and that strap loops are placed allowing for appropriate positioning of the patient.	
9.	Follows facility protocol and lift instructions to transfer patient from bed to chair (or to perform other tasks).	
10.	After ensuring that patient is properly positioned on receiving surface, detaches support strap loops from hanger bar and tucks them out of the way to avoid dangling.	
11.	To return patient to bed, accurately positions lift and hanger bar and properly reattaches support strap loops to hanger bar.	

12.	Follows facility protocol and lift instructions to lift patient, positions patient above center of bed.	
13.	Guides legs out from under the patient and lowers patient onto bed.	
14.	Detaches support strap loops from hanger bar and loosely attaches corner sling strap Velcro® hook to Velcro loop around solid points on the bedframe (or to the headboard).	

The above skills have been successfully demonstrated:	<b>I agree with the Validator that I feel competent performing the above skills:</b>